



Embroidery Kit Instructions

✦ In this booklet you'll find step-by-step instructions to help you complete this project. You'll find stitch tutorial videos via the QR code that you scanned, so don't forget to have a look at those if you need them.

✦ Please help the planet by only printing off any pages that you really need a paper copy of, and recycle them when you're done.

✦ I'd love to see your finished hoops, so please tag me @hellohoorayblog on socials - and if you're able to leave a review on my website, I'd really appreciate it!

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Kit contents

This kit contains: one 15cm (6") beech wood embroidery hoop, DMC embroidery thread (pre-cut on a labelled thread card), one pre-printed fabric panel with the design, embroidery needle, printed colour and stitch guide, plus a sticker featuring the design.

You will find the needle taped to the thread card 😊



Before you get started

This kit contains pre-printed fabric, so there's no need to worry about transferring the design - yay!

It's a good idea to give the fabric a quick iron to remove any creases before you start. Then just follow these steps to prepare for stitching:

-  Take the hoop and separate the rings - if you're new to hand embroidery, you just need to undo the screw at the top and the rings will come apart).
-  Place your fabric on top of the smaller ring, and line it up so that the design is in the middle. Take the outer ring and place it over the fabric, push down and then tighten the screw. Make sure that the fabric is pulled tightly in the hoop, but not too tight (you'll need to keep checking and adjusting this as you stitch).
-  Cut your thread around 20-25cm long, or roughly the length of your fingertips to your elbow. Any longer than this and you will probably end up with lots of knots as you work, which is never fun!
-  Standard embroidery thread consists of 6 strands that can be divided as you wish. Pay attention to the number of strands used for each part of the design, as they vary throughout.
-  Remember that you don't need to worry about keeping the back neat and tidy, because nobody will see that anyway!

Some stitching tips

-  When you get to the end of your length of thread, tie off at the back with a small double knot, and trim the excess thread close to the back (repeat this throughout the project).
-  Don't worry about how quickly or slowly you are stitching - just work at your own pace. We all work differently, so just try to enjoy the process of stitching and seeing the design come to life.
-  In addition to what's included in your kit, you'll also need a pair of scissors. Thread conditioner is useful too, but not essential.
-  If you have any questions along the way, please get in touch!

Instructions



Step one

Thread your needle with 2 strands of aqua thread (959). Stitch small backstitches around the edges of the dungarees, covering the black outline. When you have covered all lines (including the pockets and fly), come up next to one of the stitches and whip the whole edge of the dungarees, making sure you always work from the same direction.



Step two

Using 3 strands of the same thread (959), stitch two French knots covering the buttons at the top of the dungarees. Wrap the thread around the needle 3 times to ensure good coverage.



Step three

Thread your needle with 2 strands of white (blanc) thread. Stitch a whipped backstitch along the outer edges of the striped top, so along and around the arms and also down the torso next to the top of the dungarees. Whip the stitches, being careful not to catch any other stitches as you do so.



Step four

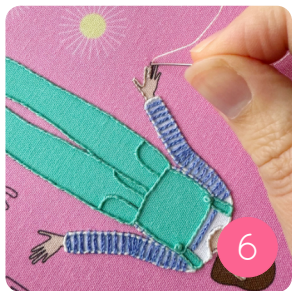
Then thread your needle with 2 strands of cornflower thread (3838). Stitch a split backstitch over each of the stripes on the top. Make sure that the stitches at either end of the stripe cover the white outline, keeping the stitches as close to the whipped backstitches as possible.



Step five

To stitch the shoes, use 2 strands of black (310). Stitch single stitches with small gaps in between and then fill in the gaps, as this will give a much smoother finish for satin stitch.

Instructions (cont.)



Step six

Thread your needle with 1 strand of beige thread (948). Stitch a whipped backstitch covering the lines of the face, neck and hands. Don't stitch at the top of the face where the fringe is. I'd recommend stitching one finger at a time and whipping it before moving on to the next one, to avoid catching the stitches as much when you whip them.



Step seven

To stitch the hair, thread your needle with 3 strands of brown thread (839). Stitch vertical satin stitches across the hair area, making sure that the stitches go right to the edge to cover the black outline. As before, stitch stitches with gaps in between and then fill in for a smooth finish.



Step eight

Thread your needle with 1 strand of black thread (310). Stitch small backstitches over the eyes, nose and mouth. Tie off at the back after each one, to avoid seeing any excess thread from the front of the design.



Step nine

Now to stitch the daisies, starting with the petals. Use 3 strands of white thread (blanc) and stitch straight stitches over the white petal lines on the fabric.



Step ten

When the petals are complete, thread your needle with 3 strands of lemon thread (445) and stitch as many French knots as you can in the centre circles. Wrap the thread around the needle 3 times to create the knots.

Instructions (cont.)



Step eleven

Thread your needle with 1 strand of black thread (310). Carefully stitch small backstitches around the letters, remembering to make sure that the stitches join up to create a solid line. Tie off at the back of each letter so the excess thread can't be seen from the front of the design.

Finishing the back of your hoop



1. Check that you're happy with the position of your fabric in the hoop. Tighten it with a screwdriver, then use a pair of dressmaking scissors to trim the fabric down to roughly 2cm around the edge.
2. Thread your needle with the perlé thread and tie a knot in the end, leaving the excess.
3. At the top of the hoop, push the needle through the coloured side of the fabric, about half way between the hoop and the edge of the fabric. Move the needle along a little way and come back up to make a simple running stitch, and pull through until you reach the knot.
4. Repeat the running stitch all around the edge of the hoop.
5. When you get to the end, pull the thread as tightly as you can and tie a double or triple knot to secure it. Ta-dah! Your hoop is ready to display - you could add some ribbon to hang it for an extra pop of colour if you like.